

September/October 2024

Upcoming Events

Brian McKinley from
North of Ireland
Family History Society
Lisburn Branch
Will be giving a short presentation
on
Tuesday 24th September 2024
@ 2pm

October
Monthly Meeting
Tuesday 1st @ 2pm
David Twigg
Ballance House in
Glenavy

Walking for Health –
Stomont Estate
Thursday 3rd October 2024

PLEASE NOTE: When booking
walks!!!

Please call landline 028 612119 to
book, as we can only answer one
call at a time

***MFG have 8 members plus (Alison husband
Stephen) will abseiling down the Europa Hotel
on***

***Sunday 13th October... please support our
wonderful volunteers in this challenge.....***

***We will let you know the time of the abseil if
anyone would like to cheer them on!***



**AUTUMN
FAIR**
The Ballance House
SATURDAY 5 OCTOBER 2024, 12-4 PM

Free Magic Shows with L'il Magic
Music from Glenavy Accordion Band
Parlour & Exhibition tours
Craft Fair, Wood-turning demos
Mini scarecrow crafting
Books & Apples for sale
Home baking in the Tea Barn

Adults £3.50, 5-14 £1.50, u-5 free.
Complimentary apple juice with entry.

118a Lisburn Road, Glenavy, BT29 4NY
www.theballancehouse.com
www.facebook.com/BallanceHouse





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The 2024 Pride of Place Awards 2024

MFG has been nominated by Lisburn & Castlereagh City Council for the Age Friendly category.

Thank You for everyone who came along on Wednesday 28th August

The result of the competition will not be known until the night of the Gala dinner in November.



Information/Registration Morning

Great success with over 180 people registering with the group.



Activities

Pilates Classes Wed 12.30pm

Friday 9.30am

Still places available

Stretch & Relax

Monday 14th October @ 2.30pm

5 weeks = £25 per member

Arts & Crafts –

Tuesday 8th October

Every Tuesday @ 2pm – 3.30pm

Felt pictures

Book Angles

Pebble Art

Card making

£5 per class plus materials

Please Note: **CASH IS KING**

Cash is MFG preferred method of payment. MFG gets charged for every card transaction. By paying cash MFG retain 100% of its value. If possible please pay by Cash

Thank you